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## **Electronic Biographical Information – Intake Form**

*Please fill out (each client) as completely as possible and bring with you to our first session. It will help me in our work together. If you wish, you can either email it back to me at (your email address) as an email attachment or fax it to (your fax number) at least a couple of days prior to the first session. You can also bring it with you to our first session. If you do not choose to answer any question, merely write "Do not care to answer."*

DATE:

NAME:

MALE/FEMALE:

DATE OF BIRTH/PLACE:

AGE:

ADDRESS:

TELEPHONE:

Home:

Office:

Fax:

EMAIL:

FOR CONFIDENTIAL/PRIVATE MESSAGES: If same as above, write, "Same as above"

Address:

Phone:

Email:

HIGHEST GRADE/DEGREE:

TYPE OF DEGREE:

PERSON AND PHONE NO. TO CALL IN EMERGENCY:

REFERRAL SOURCE:

OCCUPATION (former, if retired):

PRESENTING PROBLEM (Be as specific as you can: When did it start, how does it affect you.):

Estimate the severity of the above problem:

Mild          Moderate          Severe          Very severe

CURRENT: Marital status:

    Live with someone:

        Name:

        Years:

PAST & PRESENT MARRIAGE/S (years together, names & statement about the nature of the relationship/s, i.e., friendly, distant, physically/emotionally abusive, loving, hostile.):

PRESENT SPOUSE/PARTNER:

    Education:

    Occupation:

CHILDREN/STEP/GRAND (names/ages & brief statement on your relationship with the person.)

PARENTS/STEPPARENTS (Name/age or year of death/cause of death, occupation, personality, how did s/he treat you, brief statement about the relationship.):

Father:

Mother:

Stepparents:

SIBLINGS (name/age, & brief statement about the relationship. If deceased: age and cause of death.):

MEDICAL DOCTOR/S (name /phone):

PAST/PRESENT MEDICAL CARE (major medical problems, surgeries, accidents, falls, illness):

Specify all MEDICATION you are presently taking and for what. PRINT clearly:

PAST/PRESENT DRUG/ALCOHOL USE/ABUSE (AA, NA, treatments):

SUICIDE ATTEMPT/S or VIOLENT BEHAVIOR (Describe: ages, reasons, circumstances, how, etc.)

PAST LEGAL/LITIGATION HISTORY (Describe past incarcerations, lawsuits and other criminal or civil litigations.):

ARE YOU PRESENTLY INVOLVED IN ANY CURRENT OR PENDING CIVIL OR CRIMINAL LITIGATION, LAW-SUITES OR DIVORCE AND CUSTODY DISPUTES? (if you answer *Yes*, please, explain.):

FAMILY MEDICAL HISTORY (Describe any illness that runs in the family: cancer, epilepsy, etc.):

FRIENDSHIPS, COMMUNITY, & SPIRITUALITY (Describe quality, frequency, activities, etc.):

PAST/PRESENT PSYCHOTHERAPY (specify: month year/s (beginning—end), estimated no. of sessions, therapist's name, degree, phone & address, initial reason for therapy, Individual /Couple/Family, medication, brief description of the relationship, how helpful the therapy was, and how/why it ended.):

DESCRIBE YOUR CHILDHOOD, IN GENERAL (Relationships with parents, siblings, others, school, neighborhood, relocations, any school/behavioral/problems, abusive/alcoholic parent):

IF PARENTS DIVORCED:

Your age at the time:

Describe how it affected you at the time:

ESTIMATE HOW MANY HOURS/DAY YOU SPEND ONLINE (Facebook, YouTube, internet gaming, browsing, etc.):

Facebook: \_\_\_\_\_ YouTube: \_\_\_\_\_ Gaming: \_\_\_\_\_ Browsing: \_\_\_\_\_ Other: \_\_\_\_\_

FAMILY HISTORY OF ALCOHOLISM, MENTAL ILLNESS, OR VIOLENCE (including suicide, depression, hospitalizations in mental institutions, abuse, etc.):

What gives you most joy or pleasure in your life?

What are your main worries and fears?

What are your most important hopes or dreams?